



Music Director Assumption of Risk and Waiver of Liability Relating to COVID-19

(Updated March 2021)

I understand that those participating in outdoor in-person music rehearsals are at a higher risk of exposure to the COVID-19 virus due to the potential increased risk of transmission associated with singing and playing certain instruments. **Singing and band practice are permitted outdoors only**, provided that precautions such as physical distancing and mask wearing are implemented to the maximum extent possible.

In order to participate in music rehearsals, I am required to read and sign the following Assumption of Risk and Liability Waiver.

- 1. I understand that COVID-19 is extremely contagious and has been declared a worldwide pandemic by the World Health Organization.**
- 2. I understand that COVID-19 symptoms can be serious and life-threatening, particularly for at-risk individuals including (but is not limited to) young children, elderly persons, and/or those with such pre-existing conditions as chronic kidney disease, pulmonary diseases (including asthma), weakened immune systems, obesity, heart problems, sickle cell and Type 2 diabetes.**
- 3. I understand that by participating in music rehearsals and utilizing the equipment associated with them, I may knowingly or unknowingly transmit the virus to my family, friends, classmates, and/or others I may come into contact with.**
- 4. I understand that there is an increased risk of exposure to the virus by participating in music rehearsals. Singing and playing certain instruments increase the risk of transmission from exhaled/aerosolized respiratory droplets, which may be projected farther than 6 ft.**
- 5. The risk of exposure also exists during travel to and from rehearsals.**
- 6. I understand that while every attempt is made to minimize chances of exposure, there are no guarantees that can be made and that individuals who have contracted the virus may be asymptomatic.**

To do my part to limit the exposure to and/or transmission of COVID-19, to myself and those around me (students and music staff), I agree to adhere to the recommendations of the Center for Disease Control and Prevention (CDC), the California Department of Public Health (CDPH), and/or the Sonoma County Department of Public Health including:

- Self-assessment of symptoms and exposure, including a temperature check, prior to each practice, and to stay home if I or anyone in my household has a fever over 100.0 or higher or has had symptoms consistent with covid-19 in the past 24 hours, is being tested for covid-19, or has been in close contact with someone who tested positive for covid-19 in the past 14 days. (PCS Wellness Check form).**
- Follow the basic protective measures against COVID-19:**
<https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/prevention.html>

- Properly wash/sanitize hands upon arrival to rehearsal.
(<https://www.cdc.gov/handwashing/index.html>)
- Use hand sanitizer when handwashing is unavailable.
- Proper general hygiene (<https://www.cdc.gov/healthywater/hygiene/body/index.html>)
- Proper handwashing techniques
(<https://www.cdc.gov/handwashing/when-how-handwashing.html>)
- Adhering to the social distancing guidelines for music rehearsals.
 - School officials, staff, parents, and students should be aware of the increased likelihood for transmission from exhaled aerosols during singing and band practice, and physical distancing beyond 6 feet is strongly recommended for any of these activities.
- Proper use of personal protective equipment (gloves, masks, and/or eye protection)
 - It is required that each student provide their own personal protective equipment, hand sanitizer, water bottles, and any other personal items needed for rehearsals.
 - No sharing of personal items including instruments, music, equipment, water bottles, hand sanitizer, clothing, make up, lip balm (etc.), or personal protective equipment at anytime during music rehearsals.
 - All students shall bring their own individually labeled water bottle. Water bottles will not be shared. Hydration stations will not be utilized.

I will report any possible COVID-19 exposure or symptoms to an administrator (principal or assistant principal) immediately. If a student has tested positive for COVID-19, music rehearsals will be suspended for all students until given approval to resume by an administrator.

I voluntarily agree to assume all risks and accept sole responsibility for any injury and/or illness to myself. I hereby release, covenant no to sue, discharge, and hold harmless Petaluma City Schools, their officers, officials, agents, volunteers, employees, other participants, sponsoring agencies, sponsors, advertisers (“Releasees”), with respect to any and all injury, illness, disability, loss or damage to person or property, expenses, and/or death arising out of or relating to COVID-19. I understand this release includes any claims based on the actions, omissions, or negligence of the Releasees, and whether a COVID-19 infection occurs before, during or after my participation.

The terms hereof shall serve as a release and assumption of risk for my heirs, estate, executor, administrator, assignees, and all members of my family.

By signing this I certify that I have read and understand and will abide by the provisions of the Petaluma City Schools music rehearsal guidelines in the documents named:

- PCS Music Rehearsal COVID-19 Requirements and Information
- PCS Music Daily Check-In Procedures
- PCS Music Daily Check-in Sheet
- PCS Music Pre-Participation Questionnaire

Student Name: _____

Student Signature: _____

Date: _____